

**Government of India
Ministry of Railways
Railway Board
3rd Floor, Health Directorate
Supreme Court Metro Station Building Complex**

No. 2020/H-1/7/5

New Delhi, Dated 01.04.2020

**The General Managers
All Indian Railways & PUs
DG/ RDSO & NAIR.**

Sub: Periodical Medical Examination (PME) of staff.


Ref:- NER's letter No. Elec./173/Train running (pari.) part 10 dated 30.03.2020.

North Eastern Railway, Gorakhpur vide their letter no. Elec/173/Train running (Optg) Pt 10 dated 30-03-2020 have raised the issue of Periodical Medical Examination (PME) of staff and sought extension of validity of date of PME.

Para 514 of IRMM 2000 lays down rules for Periodical Re-examination of serving Railway employees and Para 515 of IRMM 2000 vide 515(4) states "The employing branch or the department will in every case be responsible for the punctual appearance of the Railway employee, particularly the operating staff concerned with train passing duties, before the appropriate authorised medical examiner. For this purpose, the staff should be relieved on or before the due date for medical examination. It will not be exactly the date when the re-examination falls due, but it will be the month in which this falls due, so that he can appear for P.M.E any day during the month. This does not, however, mean that staff should be relieved and kept idling for an indefinite period but it should be ensured, in co-ordination with the medical department, that staff are medically examined invariably on or near about the due dates."

It has been considered, that, though PME of staff as prescribed is directly related to safety of train operation, Whole country is at present under lockdown (Due to Pandemic COVID19) with instructions to stay at home and maintain social distancing. In addition all regular passenger trains operation has been suspended.

After careful consideration of the matter, Railway Board has decided that staff due for PME need not be sent for it till 30.04.2020.


(Dr. Vijay Kumar)
Executive Director/Health (Plg.)
Railway Board

Copy to: PCMDs/PCMOs/ All Indian Railways/All PUs.